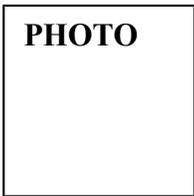


Application Form for Everest Massif Expedition 2020
Sponsored by Ministry of Youth Affairs & Sports , Govt. of India
Organized by : Indian Mountaineering Foundation



1. Name (In Capital Letter) :
2. Date of Birth :
3. Gender :
4. Whether Belongs to Gen/SC/ST :
5. Marital status
6. Mailing Address
7. Next of kin (Name, relation & address)
8. E-mail address/es
9. Mobile/ Phone No
10. Mountaineering Courses

Courses	Institute	Year	Grade
Advanced			
Other Courses			

11. List your entire climbing experience in a tabular format under the following heads:
 (Attach separate sheet if required)

Name of the mountain			
Height			
Year			
Height attained			
Climbing Style Classic/Alpine/Guided/Commercial			

Your role in the expedition			
Name of the Leader with contact details			
Name of the sponsoring agency, if any, with contact details			

YOUR MOUNTAIN FITNESS

12. Height _____ cms 13. Weight _____ kg 14. Blood group _____

15. Personal History:- Have you suffered from any of the following diseases?
(Answer in Y/N in bracket)

- | | | | |
|-------------------------------|-----|---------------------------|-----|
| a) Chronic Bronchitis/Asthma | () | b) Pleurisy /TB | () |
| c) Rheumatism | () | d) Kidney/Bladder Trouble | () |
| e) Diabetes | () | f) Hypertension | () |
| g) Freq. Cough/Cold/Sinusitis | () | h) Fits/Faint Attack | () |
| i) Surgery | | | |

16. Have you ever been admitted in hospital for any illness, operation or injury? If so, state the nature of the disease and duration of stay in hospital.

17. Have you ever suffered any high altitude illness before? If yes specify the height and any problem faced.

18. Any additional significant information about the health status.

Declaration: I hereby declare that I have answered all the questions about my qualifications/achievements and personal health as fully as possible and that the information given is true to the best of my knowledge and belief.

Dated: _____

Signature of the Applicant

INDIAN EVEREST MASSIF EXPEDITION -2020
(MEN& WOMEN)

1. Indian Mountaineering Foundation (IMF) is planning to launch an expedition, funded by the Ministry of Youth Affairs & Sports, **to scale four peaks in the 'Everest massif region' in the year 2020 from Everest Base Camp.**

Mt Everest – 8848 Mtrs

Lhotse- 8516 Mtrs

Nuptse – 7861 Mtrs

Pumori – 7161 Mtrs

APPLICATION PROCESS

2. Applications are invited from volunteer qualified Indian Nationals who are interested in joining this expedition.

3. QRs for participants

(a) Should have undergone Advanced Mountaineering Course (AMC) with 'A' grading from recognized institute in India.

(b) Age Limit : Minimum 16 years and above.

(c) Participants are expected to be physically fit. Details of medical fitness are to be mentioned in the application form.

(c) Should have climbed at least one peak of above 6000 mtr height during an expedition approved by IMF.

(d) Preference will be given to individuals who are actively engaged in regular climbing during the last 5 years.

(e) Height and technical difficulty of the peak will be the determining factor for selection. Ascent of Trekking peaks will not be considered as requisite achievement for selection.

(f) No summiteer of the proposed peaks will be considered for the same peak.

(g) The expedition, being funded by MoYAS under the NPYAD scheme, preference will be given to individuals covered under the Scheme.

(h) Applicants are to ensure that there is no fraud/false claim regarding age/AMC certificate and climbing experience. If found guilty at a later stage, the candidate will be expelled from the expedition and necessary disciplinary action will be taken by the IMF.

4. **Application forms are available on the IMF website www.indmount.org .** Applications can be submitted by Email at applications@indmount.org or delivered by post/ in person at IMF office.

5. **Last date for receipt of applications is 10th May 2019.**

SELECTION PROCESS

6. Two training expeditions cum Selection camps will be organized in any of the Himalayan Region during pre- Monsoon period(May – Jun 2019). Participants

will be divided in two batches to undergo the training cum selection at one of the expeditions.

-Participants are expected to be in possession of personal clothing and equipment required for the training expedition cum Selection camp.

7. Successful participants from the training cum selection camp will be selected to participate in one Pre-Everest expedition to a peak above 7000 mtr which will be organized during Post -Monsoon season (Aug-Sep 2019).

8. IMF will constitute a Selection Committee for screening of participants for the training expedition cum Selection Camps and subsequent Pre-Everest expedition to 7000 mtr peak.

9. The final balanced team will be selected for Everest, Lhotse, Nuptse and Pumori based on the performance of the participants in the Pre-Everest expedition (Post-monsoon) by the selection committee constituted by the IMF. **The decision of the Selection Committee will be final and binding and no representation will be accepted regarding selection of the candidates/peaks.**

10. Leader/Deputy Leader/ Climbing Leaders will be nominated by the IMF and the final selection will be done after Pre-Everest expedition.

MAIN EXPEDITION

11. The Final team selected after the Pre- Everest expedition will undergo Winter Training during Dec 2019- Feb 2020. The team will assemble at Delhi in mid -Mar 2020, depart for the expedition in the first week of April 2020 and is expected to return in first week of June 2020.

12. Selected Members are expected to be available for all stages of the selection cum training process, failing which they would be liable to be removed from the team.