



INDIAN MOUNTAINEERING FOUNDATION

# INDEPENDENCE DAY CUP

(SUB - JUNIOR NATIONAL LEAD & SPEED COMPETITION)

15 AUGUST, 2024

YAVANIKA CLIMBING WALL

**Bengaluru**



*supported by*  
GENERAL THIMAYYA NATIONAL ACADEMY OF ADVENTURE

[www.imfsouthzone.in](http://www.imfsouthzone.in)

# TABLE OF CONTENTS

1. Organization
2. Registration
3. Pre-Event Regulations
4. Confirmation of Attendance
5. Technical Meeting
6. Categories
7. Qualification age
8. Equipment/Climbing Gear
9. Prizes
10. Migration
11. IMF Officials
12. Query/Classification
13. Applicability of Rules and Regulations
14. Appeal
15. Provisional Programme
16. Travel
17. Accommodation
18. Competition Venue

# ORGANISATION

## ORGANISER:

Indian Mountaineering Foundation

Supported by -

General Thimayya National Academy of Adventure

## Indian Mountaineering Foundation

6, Benito Juarez Marg

New Delhi - 110021

[www.indmount.org](http://www.indmount.org)

## Contacts

Main Contact (Sport, Administration, General Management):

Ms. Rekha Nautiyal

011-24111572, 08860479033

[rekha.nautiyal@indmount.org](mailto:rekha.nautiyal@indmount.org)

## General Thimayya National Academy of Adventure

State Youth Center, Nrupatunga Road,

Bengaluru - 560001

## Contact: (Venue)

Mr. Rajendra Hasabavi

9448038220

## REGISTRATION

Competitors can register before the due date. Zones to register one coach and one manager. The competitors can register online with a fee of Rs.1000/-

Registration can be made on the below link.

<https://forms.gle/oqzd7TbHwq4qAEjW8>

## PRE-REGISTRATION

In order to support the efficient organization of the competition, It is very important that Zone register participants to the competition as early as possible.

## DEADLINE

The deadline for registration is 10 days before the first day of competition (the "Registration Date"), on Monday, 05 Aug 2024 at 11.59 PM.

## PRE - EVENT REGULATIONS

All athletes and team officials are recommended to have insurance coverage, covering hospitalization and all other medical coverage if required due to COVID-19.

The IMF will not be responsible for any of these costs.

## CONFIRMATION OF ATTENDANCE

Participation of all Team Members shall be confirmed before Online Technical Meeting: Tuesday, 13th of Aug, 2024 at 13:00 hrs.

## DELAYED ARRIVAL

In case of late arrival please contact the IMF/JURY PRESIDENT as soon as possible.

# TECHNICAL MEETING

Online Technical Meeting will be organized with the coaches on Tuesday, 13th of Aug, 2024 at 13:00 hrs where only two Team Officials per Zone will be allowed.

## CATEGORIES

- (i) Youth C
- (ii) Youth D

## QUALIFYING AGE

(i)	Youth C	10 & 11 Yrs (Born in year 2013 to 2014)
(ii)	Youth D	12 & 13 Yrs (Born in year 2011 to 2012)

## EQUIPMENT/CLIMBING GEAR

Participants will bring their own climbing shoes and chalk bags which they would need for the competition. Technical equipment will be provided by the organizers.

## PRIZES

Medal, Certificate will be awarded.

## MIGRATION

Candidates willing to participate in Youth Cup from a Zone different from the zone of domicile must obtain "NO OBJECTION CERTIFICATE" from the present zone and submit current address proof to be eligible for participation in a competition.

## IMF Officials/Chairman Contact Details:

### Shri Manik Banerjee

IMF National Chairman  
manikcbanerjee@yahoo.com

### Brig K Kumar, AVSM

Chairman, IMF South Zone  
kkhilander@gmail.com

### Ms. K. Saraswati

Chairperson, IMF West Zone  
sarasdgreat@gmail.com

### Mr. Kesang NurupDamo

Chairman, IMF North-East Zone  
kesang1968@gmail.com

### Shri Debraj Dutta

Chairman, IMF East Zone  
debrajdutta78@gmail.com

### Col. Amit Bisht, SM

Chairman, IMF North Zone  
amitbisht4@gmail.com

### Director

AAW, Ex-Officio Chairman, Services Zone  
armyadventurewing@gmail.com

### Inspector General

Training, ITBP, Ex-officio Chairman, Police Zone  
digsportsdte@itbp.gov.in

## APPLICABILITY OF RULES AND REGULATIONS

IFSC rules and instructions will apply in the conduct of competition and redressal of grievances/complaints if any during the conduct of the competition.

## APPEAL

Rs. 2000/- along with the letter of representation (Appeal) duly signed by the Coach & Team Manager must be submitted to the Jury President at the event. The amount will be deposited in cash to the Organizing Committee on the spot.

# PROVISIONAL PROGRAMME

<b>THURSDAY, AUGUST 15</b>	
<b>LEAD QUALIFICATION</b>	
08:00 Hrs	Sub Junior Girls (C - Under 14 Years)
08:00 Hrs	Sub Junior Boys (C - Under 14 Years)
08:00 Hrs	Sub Junior Girls (C - Under 12 Years)
08:00 Hrs	Sub Junior Boys (C - Under 12 Years)
<b>LEAD FINALS</b>	
11:00 Hrs	Sub Junior Girls (C - Under 14 Years)
11:00 Hrs	Sub Junior Boys (C - Under 14 Years)
11:00 Hrs	Sub Junior Girls (C - Under 12 Years)
11:00 Hrs	Sub Junior Boys (C - Under 12 Years)
<b>PRIZE DISTRIBUTION</b>	
15:00 Hrs	Qualification Speed Climbing
17:30 Hrs	Speed Finals
<b>PRIZE DISTRIBUTION</b>	

# HOW TO GET TO BENGALURU

## BY AIR

Nearest Airport is the Kempegowda International Airport.

Bangalore is extremely well-connected by regular flights from Delhi, Mumbai and most other important cities in India and also has international carriers flowing in and out of the Bengaluru International Airport, which is located about 40 kilometers from the main city. A taxi from the airport would take about 45 minutes to reach the city.

## BY TRAIN

Bangalore has two important railway stations - Bengaluru City Railway Station and Yeswantpur Junction. Both railway stations have regular trains running from Delhi, Mumbai, Pune and other major cities. For travelling within Bangalore, there is Namma Metro (with limited connectivity), which is an intra-city rail network set up by the Bangalore Metro Rail Corporation.

## ACCOMMODATION

Dormitory accommodation will be provided by organizers.

However participants can also book on their own accommodation at YMCA (nearest accommodation to the venue).

## COMPETITION VENUE

Yavanika Wall, State Youth Centre, Nrupatunga Road, KR Circle, Bengaluru - 560001

