

Under the aegis of IMF, Hanifl Centre, India's leading institution for outdoor education and environmental study is conducting a Wilderness Advanced First Aid (WAFA) and Adult & Child Cardio-Pulmonary Resuscitation (CPR) course in association with Aerie Backcountry Medicine, Missoula, Montana, USA.

While "First Aid" is at the core of the course, "Wilderness" is defined as being an hour away from definitive medical care, which makes it relevant to most rural as well as urban settings. Hanifl Centre conducts WFA, WAFA, WFR and CPR courses in India. The course content for each course and Scope of Practice (SoP) for courses are regularly updated by Aerie under the umbrella of the Wilderness Medicine Society (that sets standards in the US). In addition, Aerie collaborates and consults with WMI-NOLS and other providers of wilderness medicine training in the US to stay abreast of the latest research in this field. The curriculum being taught is evidence based and vetted on a regular basis. Aerie-Hanifl instructors are professional care providers with many years of outdoor leadership experience.

Course Description

Wilderness Advanced First Aid (WAFA) course is designed for outdoor professionals and outdoor enthusiasts, preparing them to care of injuries and illness in remote, challenging environments. The course is fast-paced, challenging, hands-on and fun.

This internationally recognised Wilderness Advanced First Aid (WAFA) course addresses injury and illness prevention, patient assessment, long-term patient management, improvised splint and litter construction, and environmental emergencies while stressing the

thought processes unique to caring for patients in remote environments.

Wilderness Advanced First Aid (WAFA) focuses on:

- Full Patient Assessment, Extended Care, Injury-Illness
 - Adult & Child CPR including MI, Angina & Stroke
 - Emergency Response Procedures.
 - Identification and Management including Bleeding Control, Shock, Spinal Injuries, Head Injuries, Chest Wounds, Sprains & Strains, Fractures & Dislocations, Splinting, Cold Injuries, Heat Illnesses, Lightning, Altitude illnesses, Drowning, Anaphylaxis, Bites & Stings, Medical Illnesses, Wounds & Wound Management, Patient moves & Litter carries, Asthma, Diabetes, Abdominal Emergencies, Burns, Environmental Emergencies.
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Course Details:

Duration: 4 Days

Dates: 10th – 13th February, 2022

Timing: 9:00am - 6:00pm

Participants: Maximum 30 people per course.

Venue: IMF, 6, Benito Juarez Marg, South Campus, South Moti Bagh,
New Delhi, Delhi 110021

Certification Details:

This course is approved by IMF & certification is accredited by Wilderness Medical Society, USA (WMS) & American Heart Association (AHA). Wilderness Advanced First Aid (WAFA) Certification requires 28 hours of instruction including passing the practical & written exam. Adult & Child Cardio-Pulmonary Resuscitation (CPR) Certification requires additional 4 hours including passing the practical exam. Successful participants will receive 3 distinct cards (WAFA, Epinephrine Auto-Injector & CPR).

Participation Fee: **Rs.10,000/-** per person

Register:

For registration and further details:

For any other information please feel free to reach us on:

Phone: 011-24111211 Or 0135-2639170

Email us

at vinod.chauhan@indmount.org / hanifcentre@woodstock.ac.in

Wilderness Advanced First Aid

Recognised by Indian Mountaineering Foundation

How the Best Prepare for the Worst



CURRICULUM:

- Patient Assessment & Extended Care
- Injury-Illness Identification & Management, including: Bleeding Control, Shock, Spinal Injuries, Head Injuries, Chest Wounds, Sprains & Strains, Fractures & Dislocations, Splinting, Cold Injuries, Heat Illnesses, Lightning, Altitude Illnesses, Drowning, Anaphylaxis, Bites & Stings, Medical Illnesses, Wounds & Wound Management, Patient Moves & Litter Carries, Asthma, Diabetes, Abdominal Emergencies, Burns, Environmental Emergencies
- Cardio-Pulmonary Resuscitation (CPR)
- Emergency Response Procedures

OVERVIEW:

- Integrating classroom instruction with scenario-based learning
- 20 hour curriculum over 4 days
- Certification: valid for 2 years
- Taught in English
- Fees: Rs. 10,000/- per person (including GST)
- Venue: IMF, 6 Benito Juarez Marg, New Delhi
- Participants: Min. 25 and Max. 30
- Date: 10th - 13th February, 2022



**Ideal for those working in
companies, educational and
outdoor organisations, sports
bodies, etc. and any individual
interested in learning first aid!**

Contact: (011) 24111211 or (0135) 2639170 / vinod.chauhan@indmount.org / hanifcentre@woodstock.ac.in

Indian Mountaineering Foundation, New Delhi (www.indmount.org)

Aerie Backcountry Medicine, Missoula, Montana, USA (www.aeriemedicine.com)

Hanif Centre for Outdoor Education and Environmental Study (www.hanifcentre.in)

(An outreach of Woodstock School, Mussoorie – celebrating more than 167 years in the Himalaya)

